

GARMENT SIZING GUIDE

WOMENS SHIRTS

Size	4	6	8	10	12	14	16	18	20	22	24	26	28	30
Bust /cm	78	83	88	93	98	103	109	115	121	127	133	139	145	151

WOMENS KNIT TOPS

Size	XXS	XS	S	M	L	XL	2X	3X	4X	5X
	6	8-10	10-12	12-14	14-16	18-20	20-22	22-24	24-26	26-28

BUST MEASUREMENTS

Keeping your tape measure untwisted and level, run the tape tight up under your armpits and around the fullest, most protruding point of the bust. Hold one finger under the tape measure to ensure some room for comfort. Keep tape measure taut but not too tight.

WOMENS JEANS

Size	6	8	10	12	14	16	18	20	22	24	26
Waist /cm	63	68	73	78	83	88	94	100	106	112	118
Hip /cm	90	95	100	105	110	115	121	127	133	139	145

WOMENS ACTIVE PANTS

Size	XXS	XS	S	M	L	XL	2X	3X	4X
	6	8-10	10-12	12-14	14-16	18-20	20-22	22-24	26

MENS SIZING

Neck Size	38	39	40	41	42	43	44	46	48	50	52
Size	S	M	M	L	L	XL	XL	2XL	3XL	4XL	5XL
Chest /cm	95	100	100	105	105	110	110	115	120	125	130

NECK MEASUREMENTS

Place the measuring tape around the neck at collar height - just below the Adam's apple. Hold one finger under the tape measure to ensure some room for comfort. Keep tape measure taut but not too tight.

CHEST MEASUREMENTS

Keeping your tape measure untwisted and level, run the tape tight up under your armpits, over the shoulder blades and around the fullest part of the chest. Hold one finger under the tape measure to ensure some room for comfort. Keep tape measure taut but not too tight. Do not puff out your chest.

MENS JEANS

Waist /in	30	32	34	36	38	40	42	44	46
Waist /cm	77	82	87	92	97	102	107	112	117

NOTE: Size charts are body measurements. The garment will measure larger than the body to allow ease and comfort.

WOMENS SHIRTS

ACTION FIT

This is a more relaxed fit, straight through the body and longer. It is generally worn out, not tucked in. Suitable for the slightly fuller figure.

SEMI FITTED

This style is shaped through the body with room to move. It is neither too slim nor too loose and can be worn tucked or untucked. This fit is suitable for most body types.

FITTED

A slimmer silhouette that fits more closely to the body.

MENS SHIRTS

FULL CUT

This is the most generous of all fits. All garments have a box pleat in the back yoke for extra movement.

CLASSIC FIT

Very similar to the Full Cut but narrower in the shoulders and slightly slimmer in the waist. Two side pleats in the back yoke.

TAILORED FIT

Slightly tapered through the body but still quite generous. Suitable for most body shapes. No pleats in the back yoke.

SPORTS FIT

Similar to our Tailored Fit but has a straighter body which is more generous through the waist. No pleats in back.

CITY FIT

Slightly slimmer than our Sports Fit through the chest, shoulders and waist. Longer in length to stay tucked in. Two side pleats in the back yoke.

SLIM FIT

Our slimmest mens fit. A slimmer silhouette that fits more closely to the body.